

## APRIL MENU



Our congregate meal program is funded in part by the Older Americans Act and is intended for seniors 60 years and older. The **suggested contribution is \$4.00 per meal, and \$9.00 per meal on party days**. A meal will not be denied to any senior unable to give a contribution. Patrons aged 59 years and under must pay a fee of \$8.00, and \$9.00 on party days. There is a limited number of meals for walk-ins. Some days we may reach capacity, so early arrival is recommended. The Lunch Desk is open 9:00am-12:00pm, Monday through Friday.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Dishes with this symbol contain dairy Dishes with this symbol contain pork	31	1 Pork Chili Verde Spanish Rice Bowl Peppers, Onions, Corn Tomatillo Sauce	2 Roast Turkey Breast Mashed Potatoes Carrots & Green Beans	3 Shrimp Saute with Teriyaki Ginger Sauce over Rice, with Mushrooms & Tomatoes
6 Shredded Beef Enchiladas Spanish Rice & Black Beans; Cabbage, Peppers, & Onions	7 BBQ Spiced Pork Loin Mashed Potatoes Broccoli & Carrots	8 <b>BIG BINGO</b> Chicken Stir Fry Whole Grain Rice Asian Cabbage & Carrots	9 Stuffed Steak Burrito w/ Spanish Rice & Pinto Beans Peppers, Onions, & Corn	10 Baked Salmon Lemon Butter Sauce Brown Rice Pilaf Green Beans & Cauliflower
13 Meatballs and Penne Pasta in Ragu Sauce Squash & Onion Medley	14 Pineapple-Dijon Glazed Ham Sweet Potato Mash Broccoli & Carrots	15 Housemade Meatloaf Mashed Potatoes with Gravy Veggies	16 Grilled English Whiting Fish Couscous Blue Lake Green Beans & Peppers	17 Chicken Marsala Brown Rice Mushrooms & Green Beans
20 Grilled Italian Sausage Pasta Puttanesca w/ Tomatoes, Capers, & Garlic Veggie Medley	21 Chicken Cacciatore Mashed Potatoes Cauliflower, Corn, & Carrots	22 Beef Stew Mashed Potatoes w/ Gravy Green Beans, Mushrooms, & Onions	23 Oregano Brick Chicken Wheat Pasta Broccoli & Carrots	24 <b>BIG BINGO</b> Thai Basil Cashew Pork Curry Sauce Sticky Rice Corn & Peas 
27 Lemon Zest & Garlic Spiced Pork Loin Mashed Potatoes w/ Gravy Veggie Medley	28 Garlic Chicken Wheat Pasta Broccoli & Carrots	29 Baked Panko-Crusted Alaskan Cod w/ Lemon Butter Sauce Risotto Veggie Medley	30 Pork Pot Roast Mashed Potatoes Carrots, Celery, & Onions	

San Bruno Residents: reserve your meal one week in advance. Reservation forms are due no later than 12:00pm the Thursday prior to the following week, and are located at the Lunch and Front desks.

Please be prepared to show San Bruno identification. **\*\*Menu subject to change without notice\*\***

## Congregate Lunch Program

# KEEPING OUR MEAL PROGRAM STRONG!

# UPDATE

EFFECTIVE DECEMBER 1, 2025

To stay in compliance with our San Mateo County grant and continue providing over 100 healthy meals daily, the following updates will take effect:

- **MEALS MUST BE EATEN ON-SITE.**
  - The Congregate Nutrition Program requires all meals to be enjoyed together in the Assembly Room.
- **NO TO-GO FOOD OR LEFTOVERS.**
  - Meals and any leftover items may not be taken home, per County grant requirements.

### WHY THIS MATTERS:

Keeping in compliance with our grant contract helps ensure we can continue offering this valuable program to our community.

# MINI FAQ

- **Can't I just take the leftovers so they don't go to waste?**
  - No. The funding we receive for the program relies on us being in compliance with the grant requirement that all meals must be enjoyed on site.
- **What if I can't stay to eat?**
  - We understand that schedules can be tricky, which is why there is a resource list of alternatives available at the front desk. Otherwise, meals must be eaten on site for us to be in compliance with grant program requirements.
- **What happens to leftover food?**
  - Any extra food is safely donated to local organizations in accordance with County guidelines.
- **Can I share my meal with someone who isn't getting a lunch today?**
  - **No.** Meals are prepared and tracked for individuals only, as part of grant reporting requirements.
- **What if I'm not feeling well and don't want to eat inside?**
  - We understand, and To-Go meals are not allowed under the grant, but you're always welcome to return when you're feeling better - your health comes first!
- **Why is this change happening now?**
  - These updates take effect December 1, 2025 to keep our program in full compliance with County and federal requirements as we enter a new grant application period.

**\*Our Congregate Lunch Program is partly funded by the Older Americans Act, and the Nutrition Site Council.**